

Could you support people affected by dementia and their carers?

Sue Ryder is looking for reliable volunteers to support people living with dementia and their families as part of a new Dementia partnership of three nationally recognised charities – Sue Ryder, The Chantry, Age UK Suffolk and Suffolk Family Carers. Whilst an awareness of dementia is beneficial, more important is the ability to communicate clearly and show empathy as we provide thorough training and induction.

Dementia Helpline Volunteers (Home-based)

The launch of Suffolk Dementia Helpline available 9am – 5pm, provides information and a confidential 'listening ear' to people living with dementia and their families. We are looking for volunteers who can work from home to extend the emotional support we provide out of hours from 5pm – 9pm. You need to have a professional telephone manner and be able to empathise whilst coping with your own feelings in emotional situations.

Volunteer Dementia Advisor Assistants (in Ipswich, West Suffolk, Mid Suffolk and Coastal Areas)

This role involves visiting people who have been diagnosed with Dementia in their own homes providing information and advice to support independent living. Under the guidance of the lead Dementia Advisor in your area, you will continue to support individuals as their needs change over time and keep a record of visits. An awareness of dementia is desirable as you will need to approach tasks in a person-centred manner and respond sensitively to individuals.

If you can spare some time weekly or fortnightly to genuinely make a difference to your local community, please contact:

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