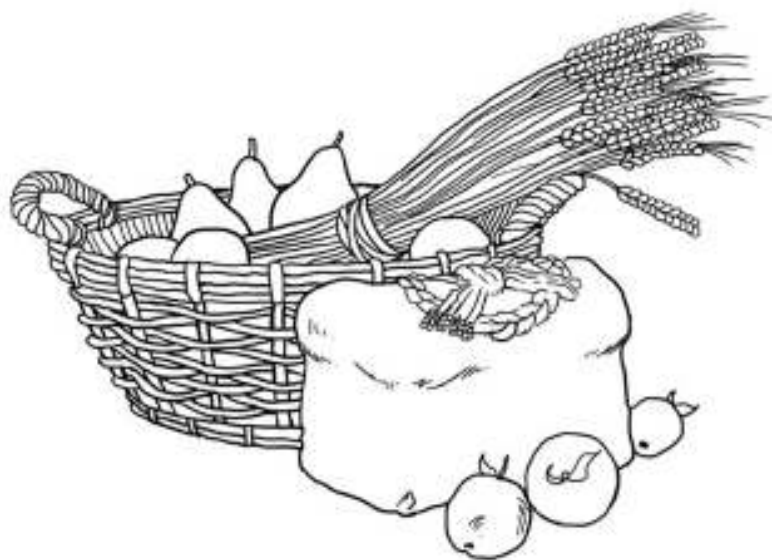


***BRANDESTON AND KETTLEBURGH
PARISH NEWS
SEPTEMBER 2013***



THE PARISHES OF BRANDESTON AND KETTLEBURGH

Dear Friends,

Like many others I am not long back from holiday, from a trip to Africa where I spent two weeks in Zambia ‘glamping’ in the bush. But while I may have been under canvas, the tents had thatched roofs, wooden decks on the river bank, en suite bathrooms – one even had a roll top bath and a rain shower.

But one never visits Africa without being made aware of the almost indecent divide between rich and poor, and actually how much **we** have, that we don’t need, and how little the local people can actually live on in a country where a generous \$25 tip to one’s ranger, was more than a month’s wages.

Zambia is a peaceful, mainly agricultural country, it’s a place where the women have tiny plots, smaller than our average allotment, which they call ‘gardens’ and from which they feed their families. Sometimes even having enough surplus to sell on grass matting at the side of the road, produce which may only be three or four tomato’s and one aubergine, but it’s all fresh and local, and seeing it made me think of the produce we bring to church when we celebrate our Harvest Festivals.

And it’s during this month of September that we begin to think about our own village Harvest Festivals. So, do watch this magazine for the dates and times of yours, and maybe come to give thanks for the comfortable way of living we experience in rural Suffolk, and for the abundance, and richness of a life, which for us, is all too easy to take for granted.

With love in Christ

Deirdre

Assistant Priest: Reverend Robin Alderson

01728 688255

Mob. 07790 242002

Brandeston

Elders: Mrs Mary Baker 685807

Churchwardens: Miss Eileen Leach MBE 685298
Mrs Alison Molyneux 685244
Mrs Mary Baker 685807

Kettleburgh

Elders: Mrs Jackie Clark 723623
Mrs Valerie Upson 723078

Churchwardens: Mr John Bater 723532
Mrs Valerie Upson 723078

DIARY FOR SEPTEMBER 2013

Thursday 5 th	10.00am	<u>Brandeston Coffee Morning, 100+ Club Draw</u> at Village Hall
Friday 6 th	10.30am – 12 noon	<u>Coffee Morning</u> at Kettleburgh Village Hall
Saturday 7 th	2.30pm	<u>Kettleburgh Village Show</u> at the Village Hall – see below.
Sunday 8 th	12.00 noon	<u>Go Cart Race</u> at Framlingham College – see below
Thurs. 12 th and Thurs. 19 th	6.30pm	<u>Pantomime rehearsals</u> at Kettleburgh Village Hall – see below
Friday 13 th	7.30pm	<u>Film Club</u> – “War Horse” at Brandeston Village Hall – see below.
Saturday 14 th	9am-5pm	<u>Suffolk Historic Churches Trust Bike Ride and Walk</u> – see poster
Sunday 15 th	10.30am – 4pm	<u>Plant Fair</u> at Helmingham Hall Gardens – see below
Friday 20 th	7.30pm	<u>Quiz</u> at Brandeston Village Hall – see below.

Saturday 21 st		<u>Race Night</u> at Kettleburgh Village Hall iao Village Green
Wednesday 25 th	7.45pm	<u>Table Tennis</u> at Brandeston Village Hall – see below
Friday 27 th	6.30pm for 7.00 start	<u>Whist Drive</u> at Brandeston Village Hall – see below.
Saturday 28 th	7.30pm	<u>Music Night and Hog Roast</u> at Brandeston Village Hall – see below.

KETTLEBURGH FLOWER AND PRODUCE SHOW – SATURDAY 7th SEPTEMBER 2.30 pm.

The weather may have been difficult for gardening but I hope you've all got something ready to enter in the village show. There are certainly some lovely apples around so we're hoping for some good entries in the fruit section. If you've nothing in the garden then please try your hand at the cookery where there are plenty of classes to choose from. Entries to be staged by 10.30 am. From 2.30 pm there will be a chance to view the exhibits, enjoy some refreshments and chat. Surplus and donated produce is sold at 4.30 pm. Schedules available from Claire. Any offers of help appreciated.

Claire Norman 01728 724372 auntclaire@btinternet.com

Off Road Gravity GO CART RACE 2013

8th Sept in Framlingham

1st Deben Valley Scout Group (that's the one that meets in Kettleburgh and Earl Soham village halls) are holding a public Go Cart Race in the grounds of - and by kind permission of - Framlingham College (parking and entrance in New Road, Framlingham) on 8th Sept. Competitors arrive 11.30am, Races start at 12 noon.

The idea is that families enjoy building a go cart over the summer, perhaps getting creative with a few of those piles of "useful items" you have been saving for just such a challenge! There are separate races for children and adults, and the same cart can be used for both. Race rules and details of how to enter are available on websites: fayap.net and 1stdebenvalley.suffolkscouts.org.uk or you can ring Spadge on 07831 843 922

KETTLEBURGH PANTOMIME

I know it seems impossible but it is that time of year again, time to think about auditioning for the Pantomime.

It is going to be Aladdin and the first auditions will be on Thursday 12th September, at 6.30pm in the Hall.

There will be another chance on the following Thursday, 19th Sept. Give me a call on 01473 737123 if there is a problem.

Auditions are open to anyone over the age of 8, or Key Stage 2 and up to any age! Singing is compulsory (but there are ways of getting round that!)

There are speaking and non-speaking roles so do give it a try.

The performance dates are usually just before half-term but they may be a week earlier - skiing commitments will apparently affect the younger cast members.

We look forward to seeing you on the 12th - it's fun, really it is!

Liz Marzetti

BRANDESTON FILM CLUB

13th September – War Horse starring Jeremy Irvine, Emily Watson and David Thewlis. Young Albert enlists to serve in World War 1 after his beloved horse is sold to the cavalry. Albert's hopeful journey takes him out of England and to the front lines as the war rages on.

11th October – The Life of Pi starring Suraj Sharma, Imfran Khan and Adil Hussain. A young man who survives a disaster at sea is hurtled into an epic journey of adventure and discovery. While cast away he forms an unexpected connection with another survivor – a fearsome Bengal tiger.

8th November – The Railway Man - starring Nicole Kidman, Colin Firth and Steilan Skarsgard. A victim from World War II's "Death Railway" sets out to find those responsible for his torture. A true story.

Sue

Thurlow

All Saints' Church
Brandeston

Quiz

Friday 20th September at 7.30 pm.

Brandeston Village Hall

Tickets £5 per person including Ploughman's

To pre-book your team of up to 6 people ring 685807

Helmingham Hall

Plant Heritage

Gardens

NCCPG

PLANT HERITAGE AT HELMINGHAM

AUTUMN PLANT FAIR

SUNDAY 15 SEPTEMBER 2013

10.30 - 4.00

Adults: £6 including entry

to the Grade 1 Listed Helmingham Hall Gardens

Children: FREE!

FREE BAG OF BULBS FOR THE FIRST 800 VISITORS!

*Specialist nurseries *National Plant Collections

*Garden Tours

*Plant Doctor & Garden Marquee

*Live music and entertainment

*Local food & drink producers

Helmingham Hall IP14 4EF

B1077 9 miles north of Ipswich

www.suffolkplantheritage.com

www.helmingham.com

Enquiries to 01473 890799

Reg.charity 1004009

Table tennis will begin in the village hall on Wed 25th Sept at 7.45pm.
Everyone is welcome.
Contacts: Doug and Chris Parr 685658, John & Ruth Garratt 685233

THE BIG BRANDESTON WHIST DRIVE IS BACK - 27TH SEPTEMBER 2013.
ONCE YOU TRY IT YOU'LL BE HOOKED.

Calling all card players !! The Big Brandeston Whist Drives will re-commence on Friday, 27th September, 2013 in Brandeston Village Hall. Doors are open from 6.30 p.m. to enable a prompt start to play at 7.00 p.m. As usual, there will be a choice of fine wines and a splendid selection of good, locally produced refreshments to ensure that the evening goes with a swing. All-inclusive entry costs have again been pegged at £2.50 per head to reflect the economic times in which we currently live.

There will, however, be no austerity when it comes to creating an enjoyable social evening. Any newcomers interested are most welcome to join all of our regular clientele for a fun evening in what has been described as one of “the most consistently great social occasions in Suffolk”. Please call either Pam or Rick Reade on 685920 if you wish to attend. This advance warning helps us to gauge the number of tables required.

Pam and Rick Reade

MUSIC NIGHT AND HOG ROAST

On Saturday 28th September from 7.30pm there is a live music night and hog roast in Brandeston Village Hall. The excellent live band we have lined up are called Key Features, please see their website www.thekeyfeatures.co.uk for more info. They will be playing from 8.30 – 11.30 and will ensure you will be dancing all night!! Please contact me for tickets (lucylea@leapropertyolutions.co.uk or 01728 684422): £13 adults £8 children under 16. Hog roast with all the trimmings will be served from 8pm and is included in the ticket price. All proceeds go the Brandeston Village Hall fund so please come along, have a great night and support us at the same time!!

Lucy Nobbs

ADVANCE NOTICES

Sunday 13 th October	5.30pm	<u>Kettleburgh Harvest Festival</u>
Saturday 19 th October		<u>Brandeston Harvest Horkey</u>
Saturday 26 th October	7.30pm	<u>Opera and More</u> at Brandeston Village Hall - see below
Thursday 31 st October		<u>Halloween on the Green</u> at Kettleburgh Village Green
Friday 15 th November		<u>Kettleburgh Quiz Evening</u>

PAST EVENTS

AUTOJUMBLE

In spite of the rain overnight we were lucky enough to have a dry sunny day for the autojumble again at the end of July. Hundreds of people in hundreds of cars arrived at Church Farm to buy and sell what, to an inexperienced eye, looks like rubbish. However, it is “just what I have been looking for” and people love it. We would like to thank all the village people who give up an hour or two on the Sunday morning to help with parking all the cars and those sitting at the entrance.

KETTLEBURGH GREEN TRUST LOTTERY

The results for the August 2013 KGT Lottery are as follows:

1st Prize Roger and Judith Carder

2nd Prize Chloe Wright

Trevor Jessop

BRANDESTON 100+ CLUB

Winners for August 2013 were :-

1st prize Barry and Helen Saxton

2nd prize Craig Butler

September draw will be at the village hall on 05 September

Mark Hounsell

NOTICES

Saying “Au revoir” to Robin

As most of you will now know, Robin’s last service as our Assistant Priest is the united benefice service on **6th October at Brandeston**. He will then be officially retired, although, after a break, he has promised to come back to take the occasional service in the benefice.

Robin has been so much a part of our village life and worship during the six years he has been with us, and has often been a key player in the important moments of our lives such as baptisms, weddings and funerals. We know that we shall miss having his presence with us so often, and we shall miss his and D’s hard work and enthusiasm at many of our village events.

In order to thank him for his dedicated service to us and to wish him well in his retirement, we are gathering for an informal bring-and-share lunch at Brandeston School following the 11 o’clock service in Brandeston. Everyone is welcome, but we do ask that each person or couple brings a plate of finger food to be shared on the buffet. Drinks will be provided.

Ministry Team

BAPTISM INVITATION

Lydia Freeman wishes to invite everyone to join them in Brandeston Church on Sunday 1st September 11.45 for the Baptism of Laiyla Elisabeth Marasha, Daughter of Helen & Shaninga and granddaughter of Charles and Lydia Freeman of Oak Farm.

KETTLEBURGH TOWN ESTATE CHARITY

This parish charity is, at the discretion of the trustees, able to make small grants to **first year students in higher education who live in Kettleburgh**. Any resident who will be starting a course at college or university this autumn is invited to make application in writing before 31st October to the secretary Valerie Upson, Fieldings Kettleburgh.

LOST - RED TRAY

Has anyone lost a tray? A red Jubilee tray was left at Church Farm after the tea party following the confirmation in Kettleburgh Church at the beginning of July. Thank you to whoever kindly gave the refreshments and if you would like to ring 01728 723532 we will return your tray.

Anne Bater

LINK ROMANIA SHOEBOX APPEAL 2013

Many people now contribute to this charity each year, and this is just a reminder about items for boxes this year, which need to be ready by the end of October. The following items are suitable for a Family Shoebox: shampoo, shower gel, small toys, toothbrushes and paste, nail clippers, brush/comb, safety razors, simple calculator, hair accessories, soap/flannel, colouring books, writing pads, sweets, chocolate, sewing kit, candles, soft toys, screwdriver, tape measure, socks, tights. If you would like to contribute a box for an elderly person/couple, extra ideas include: plasters, tissues, reading glasses, lavender bag, pens, paper, small mirror. There are now three ways that you can help - as well as two kinds of boxes, there is also a foreign currency collection. Leaflets to attach to the shoeboxes and a collection point for currency will be available at Kettleburgh coffee mornings, at the back of Kettleburgh Church and at Kettleburgh Harvest Supper, or you can download a leaflet from the website link. If you would like to know more about the appeal, contact Jackie Clark (723623) or take a look at the website: <http://linktohope.co.uk/>

There will be a link on the Kettleburgh website (Church page).

JC

THE UMBRELLA TRUST

The Umbrella Trust have sent a warm letter of appreciation and thanks to everyone in Kettleburgh and Brandeston who gave so generously to the collection of items for the Trust which took place in these two parishes in the Spring.

The Umbrella Trust works with homeless and destitute people in Ipswich, and is dependant on the thoughtful generosity of many individuals in donating, collecting and delivering appropriate items for distribution to those in need. The collections made in Brandeston and Kettleburgh earlier this year resulted in a very significant delivery of much needed items to The Trust.

Anyone who wishes to see for themselves the work of The Umbrella Trust is invited to contact Robin Alderson on 01728 688255.

NEWS FROM FRAMLINGHAM SURGERY

New Doctor!

I am very pleased to be able to tell you that we have a new GP who is joining the surgery from October 2013. Dr Charlotte Ridout is originally from Suffolk, and trained to be a General Practitioner at Kings College London, Guy's and St Thomas. Dr Ridout has been working in Surrey but she is moving back to Suffolk with her young family – I am sure that she will be made to feel very welcome at the surgery.

'Flu

We will have supplies of this year's 'flu vaccinations from early September. The Department of Health recommends a 'flu jab for everyone aged 65 and over as well as:

People with a serious medical condition:

- long term chest conditions such as asthma, chronic obstructive pulmonary disease (COPD), bronchitis or emphysema;
- heart conditions such as heart failure, angina or atrial fibrillation
- kidney disease;
- liver disease such as cirrhosis or hepatitis;
- chronic neurological disease, such as Parkinson's disease or motor neurone disease;
- diabetes;
- a weakened immune system due to: a disease such as HIV; or treatment for some conditions such as cancer; or people taking special medicines for diseases such as rheumatoid arthritis or psoriasis.

All pregnant women

People who are in receipt of a carer's allowance, or those who are the main carer

Additionally this year, the Department of Health recommends that all children who are two or three years old on 1 September 2013 (born between 2/9/2009 and 1/9/2011) receive a vaccination. Please speak to our Practice Nurses with any queries.

Please look out for the date of our October flu clinics.

Appointments

Our appointment slots with a GP are 10 minutes long. Some surgeries enforce the rule of ‘one appointment, one problem’ – meaning that patients can only bring up one issue in each 10 minute appointment. Whilst we have never enforced this rule, we do ask that if you have a number of things that you need to discuss with the doctor you ask for a double appointment. Please don’t bring up issues relating to family members – they will need to make their own appointment!

Registering for electronic access

We are really pleased to tell you that 20% of our patients are now making use of our electronic ordering system - **SystmOnline**. This means that one in five of you are able to make an appointment, cancel an appointment or order your repeat prescription online. If you would like to sign up for this service, which is available 24 hours a day, please ask at our reception for your password and logon details.

Nurse Practitioner

Just a reminder that Janet Walne our Nurse Practitioner is available to deal with a range of minor illnesses and injuries like sore throats, earache, conjunctivitis, cuts and sprains, emergency contraception and urinary tract infections. Janet is a fully qualified, experienced Nurse Practitioner who is able to prescribe medication and has access to our GPs if required. Ask to see Janet when you phone up for an appointment!

ST ELIZABETH’S HOSPICE AGM

Join St Elizabeth Hospice in celebrating their volunteers at their Annual General Meeting in September.

St Elizabeth Hospice’s AGM will be held at Trinity Park in Ipswich and anyone is welcome to attend on Thursday 26th September at 6pm for a 6.30pm start.

The theme for this year’s AGM is “Celebrating Our Volunteers” and there will be a short film and special exhibition on this subject.

There will also be a guest speaker, Steve Dewar, who will share his insights into maximising volunteering in the Hospice sector.

FEEL LIKE JAMES BOND FOR MACMILLAN

Have you always wanted to feel like James Bond for the evening or act like a Bond girl? Then High Lodge in Suffolk, is the place to be. On Saturday 14th September 2013, High Lodge are hosting a black tie charity ball in aid of Macmillan Cancer Support.

Following the success of their 'Family Fun Day', High Lodge is hosting a number of events throughout the year in aid of Macmillan. The summer ball is the perfect opportunity for you to invite friends, family and work colleagues and clients to attend, and for just £39.00 per ticket you will be helping to support this worthwhile charity as £10.00 from each ticket will be going to Macmillan.

High Lodge at Hinton near Darsham is the perfect place setting for this event. Guests should arrive for 7pm, and will be treated to a delicious four-course sit down meal at 7.30pm. The evening will feature live music from Aftershock whose repertoire includes everything from Bryan Adams and Guns 'n' Roses to Jessie J and Adele. Guests can dance the evening away and try their luck on one of the casino tables until the event finishes at midnight after what promises to be a truly memorable evening.

Jackie Read, Sales and Marketing Coordinator quotes:

“High Lodge continues to recognise the amazing work that Macmillan do, as we are all affected by someone in our lives living with this terrible illness. We are pleased to help support Macmillan in raising funds, providing essential services for people living with cancer around the UK and here in Suffolk “

Mandy Jordan, Fundraising Manager for Macmillan Cancer support, said “We couldn't provide our vital services without the people who support us. The High Lodge Summer Ball & Casino Evening is a great way of having fun and helping to change the lives of the four thousand people diagnosed with cancer in Suffolk every year at the same time”.

All the funds raised will be used by Macmillan to fund vital emotional, practical and financial support for people affected by cancer, which is more than 4,000 people in Suffolk.

Tickets are available and can be booked by telephone on 01986 784347 or by email Jackie@highlodge.co.uk. If you would like to receive more details on this or future events then please visit High Lodge's website at www.highlodge.co.uk

VILLAGE WEBSITES

For up-to-date information about your village, visit these websites:

www.brandeston.net

www.kettleburgh.suffolk.gov.uk

MAGAZINE ARTICLES

Please send, deliver or e-mail any contributions for the magazine by 15th of each month to:
Mrs Val Butcher, Woodlands, Church Road, Kettleburgh, IP13 7LF
or e-mail valerie.butcher@talk21.com, tel: 724777.

Please send e-mails in Microsoft Word format (97), PDF or jpg for pictures/scans.

Covers are particularly welcome!

CHURCH CLEANING

Brandeston

1st Jane Mitchell and Louise Paget
8th Christine Matthew and Don Evans
15th Helen Fletcher and Karren Piper
22nd Ruth Garratt and Mary Baker
29th Kelly Jeffery
6th Oct Marian Hutson and Julia Elson

Kettleburgh

Jane O'Leary
Fay Clarke
Claire Norman
Anne Bater
Pat Peck
Val Butcher

CHURCH FLOWERS

1st Pippa Brown
8th Ruth Garratt
15th Jackie Hounsell
22nd Alison Molyneux
29th HARVEST
6th Oct Marian Kirton

Jackie Clark
Jackie Clark
Claire Norman
Claire Norman
Wendy Griffiths
Wendy Griffiths