# BRANDESTON AND KETTLEBURGH PARISH NEWS DECEMBER 2011

Merry Christmas

# THE PARISHES OF BRANDESTON AND KETTLEBURGH

Dear Friends,

I read the following in The Church Times recently:

'Reports that "Before Common Era" was to be used instead of "Before Christ", and "Common Era" instead of "Anno Domini" emerged after the BBC religion website said that it had adopted BCE and CE to avoid offending non-Christians.'

The same article went on to state that 'the makers of Thomas the Tank Engine DVDs....had banned the mention of Christmas. One new DVD mentions "winter holidays" instead, and "trees with decorations" instead of Christmas trees.

So may I, from this page, wish you all a truly joyful **CHRISTMAS!** Christmas is such a lovely festival, marking that event at the intersection of time and eternity in which God chose to reveal himself in the form of a helpless baby, born into poverty and homelessness.

Let me finish with another quote, this time by that great English theologian and writer F. D. Maurice (1805-1872).

It kicks BFE and CE firmly into the long grass:

'Christmas Day declares that he dwelt among us...This is the festival which makes us know, indeed, that we are members of one body; it binds together the life of Christ on earth with his life in heaven; it assures us that Christmas Day belongs not to time but to eternity.'

May you know the joy and peace of Christmas, both in your hearts and in your homes in this blessed year of Our Lord, Anno Domini 2011.

The Revd. Canon Harry Edwards.

Assistant Priest: Reverend Robin Alderson 01728 688255

Mob. 07790 242002

**Brandeston** 

Elders: Mrs Mary Baker 685807

Miss Eileen Leach MBE 685298

Churchwardens: Miss Eileen Leach MBE 685298

Mrs Alison Molyneux 685244

Kettleburgh

Elders: Mrs Jackie Clark 723623

Mrs Valerie Upson 723078

Churchwardens: Mr John Bater 723532

Mrs Valerie Upson 723078

DIARY FOR DECEMBER 2011				
Thursday 1 <sup>st</sup>	10.00am	Brandeston Coffee Morning, 100+ Club Draw at Village Hall		
Thursday 1 <sup>st</sup>	7.30pm	Film Club "Alice in Wonderland" at Brandeston Village hall – see below.		
Friday 2 <sup>nd</sup>	10am-12	Coffee Morning at Kettleburgh Village Hall		
Saturday 3 <sup>rd</sup>	9.30am – 5pm	Bury St Edmunds Day Out (from Brandeston)		
Saturday 3 <sup>rd</sup>	10.30am – 12 noon	Mulled Wine & Mince Pies at Easton & Letheringham Village Hall		
Saturday 3 <sup>rd</sup>	7.00pm	<u>Phoenix Singers Concert</u> at St Michael's Church, Framlingham – see below.		
Sunday 4 <sup>th</sup>	4.00pm	Light Up a Life at St Michael's Church, Framlingham - see St Elizabeth Hospice News under 'Notices'		
Monday 5 <sup>th</sup>	10 – 11am	Keep Fit at Kettleburgh Village Hall		
Saturday 10 <sup>th</sup>	11am – 2pm	<u>Christmas Bazaar</u> at Easton and Letheringham Village Hall		
Saturday 10 <sup>th</sup>	2 – 5pm	Brandeston Church Bazaar at the Village Hall		
Saturday 10 <sup>th</sup>	From 5pm	Kettleburgh Countdown to Christmas at the Village Hall		
Saturday 10 <sup>th</sup> - Friday 23 <sup>rd</sup>		<u>Christmas Wonderland</u> – Father Christmas in his Grotto & Animal Nativity at Easton Farm Park		

Sunday 11 <sup>th</sup>	11.15am	Kettleburgh Christingle service – see below	
Saturday 17 <sup>th</sup>	9am – 1pm	<u>Christmas Farmer's Market</u> at Easton Farm Park	
Saturday 17 <sup>th</sup>	7.30pm	Annual Chapel Candlelit Evening at the Old	
		Chapel, Mill Lane, Brandeston – see below.	
Tuesday 20 <sup>th</sup>	6.00pm	Kettleburgh Carol Singing meet at Village Hall –	
		see below.	
Wednesday 21 <sup>st</sup>	6.30pm	Carol Service, with special music, followed by	
		mulled wine at Letheringham Church	
Saturday 24 <sup>th</sup>	4.30pm	Candlelit Service of Nine Lessons and Carols at St	
Christmas Eve		Andrew's Church, Kettleburgh – see below	
Sunday 25 <sup>th</sup>	10.30am	Family Holy Communion at Kettleburgh Church	
Christmas Day			
Friday 30 <sup>th</sup>	6.30pm for	Whist Drive at Brandeston Village Hall – see	
	7.00 start	below.	



# **Phoenix**singers

Handel: Messiah

Phoenix Singers with

Suffolk Baroque Players Conducted by Edmond Fivet

SATURDAY 3th December 2011, 7.00PM St Michael's Church, Framlingham

Tickets available from Aldeburgh Music Box Office 01728 687110, Jill Taylor 01986 798 286, choir members or at the door. £15, £10 and under 18s half price.

# **BRANDESTON FILM CLUB**

The film club in 2011 will be held on **the first Thursday of the month at 7.30 p.m.** Membership is £10 which entitles you to see 12 films throughout the year.

**December 1<sup>st</sup> – Alice in Wonderland.** 19 year old Alice returns to the magical world from her childhood adventure, where she reunites with her old friends and learns of her true destiny: to end the Red Queen's reign of terror. A fantasy starring Johnny Depp and Helena Bonham-Carter.

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# **KETTLEBURGH KEEP FIT**

The next series of 10 classes starts on Monday 5th December. Each class lasts for one hour; 10 - 11 am.

We have an excellent instructor, Amanda Mallett, who knows just what we can do and that is usually more than we think we can do!

Do come along - it really isn't that hard and it is a lot of fun.

Men and women are very welcome.

For any further details, please phone Liz Marzetti on 01728 621053

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# **BRANDESTON CHURCH BAZAAR** – Saturday 10th

The event will include homemade cakes, Christmas gifts and produce, local crafts, plant and bulb, bottle stalls, draw, stocking fillers and teas.

It is organised by Brandeston PCC to raise funds to maintain our Historic Church.

Admission free Colin Molyneux

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# **KETTLEBURGH COUNTS DOWN TO CHRISTMAS**

Come along to Kettleburgh Village Hall on **Saturday 10th December** for the Kettleburgh Countdown to Christmas. The Village Hall Committee is providing mulled wine and mince pies and the Christmas tree outside the hall. There will be Christmas music and time to catch up with friends before the Christmas rush begins. The hall will be open from 5:00p.m and at 5:30 we will start the countdown to turning on the Christmas tree lights. Come and sing a carol or two around the tree. Look out for posters around the village and put the date in your diary.

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# **CHRISTMAS SERVICES AT KETTLEBURGH**

Come along to St Andrew's on 11<sup>th</sup> December at 11.15am and join in our worship and the making of Christingles and if you can, please bring a gift for a child attending the Ormiston Children's Centre in Ipswich. Gifts should be wrapped and marked with their suitability for boy or girl with age group. On Christmas Eve at 4.30pm the church will be bathed in candlelight for our traditional service of Nine Lessons and Carols, always a wonderful start to the Christmas celebrations which continue on Christmas morning at 10.30am with our service of family Holy Communion when we celebrate the birth of Christ and have another opportunity to sing our favourite carols.

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# ANNUAL CHAPEL CANDLE LIT EVENING

Do come along a join in the start of Christmas celebrations in Brandeston at the candle lit evening held in the Old Chapel, Mill Lane at 7.30 on Saturday, 17<sup>th</sup> December. There will be mulled wine, drinks, a buffet and draw - all in aid of the up-keep of the old chapel. Tickets £5 on the door.

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# CAROL SINGING IN KETTLEBURGH - Tuesday 20th December

As usual, we meet outside the Village Hall at 6:00p.m, and then make our way round the village to sing carols and bring the Christmas message to your doors. We will be collecting for the Children's Society. We will finish by singing in the Chequers at around 7:45p.m. Come and join us to sing – you will be most welcome.

JC

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**BRANDESTON CHRISTMAS WHIST DRIVE** – Friday 30<sup>th</sup> Dec – doors open 6.30pm You are cordially invited to attend the Whist Drive to be held on Friday, 30th December, 2011 in Brandeston Village Hall with doors opening at 6.30 p.m. to enable a prompt start to play at 7.00 p.m.

There will be a wide selection of good, local food and a choice of fine wines to ensure that the evening is an enjoyable social occasion. The cost for the evening is just £2.50 per person. If you have been thinking of joining us, why not come along and end your year on a real high note. Please call Pam or Rick on 685920 to book your place, as this advance notice helps us to plan how many tables are required.

We wish all those who live in Brandeston and Kettleburgh a very Merry Christmas and a Happy New Year.

Rick & Pam Reade

# **ADVANCE NOTICES**

Monday 16 <sup>th</sup>		Mardle at Easton and Letheringham Village Hall	
January			
Friday 3 <sup>rd</sup>		Quiz Night at Easton and Letheringham Village Hall.	
February		Tickets from Mark Kenny 747572, David Stagg	
		746054.	
Friday 6 <sup>th</sup> July	10.30am –	Cats' Protection Coffee Morning at Manly,	
2012	12 noon	Kettleburgh. Guest: Dr Daniel Poulter MP	



The Village Grocer is at Brandeston on Thursday mornings and Kettleburgh on Friday morning. Use him or lose him!

#### MARRIAGE IN BRANDESTON

Congratulations! We celebrate the marriage of **Danny Wilson and Demelza (Mel) Laws** who were married in All Saints' Church, Brandeston on Saturday 22<sup>nd</sup> October 2011 on a sunny autumn day. The bride was given away by her mother, Sylvia Laws, and the Best

Man was the bridegroom's brother Justin. The bride's dress was absolutely beautiful; ivory coloured, sweetheart designed neck line, ballerina style bodice with sequins, a full lace train giving a graceful effect – quite lovely. The lace theme was carried through to the dining tables with long lace runners mixing with autumn fruits, crab apples and multi-coloured gourds (specially grown). Further, the theme was picked out on the bridesmaids' dresses designed by Demelza herself; the brown dresses with a ruffled tacked effect.

The three bridesmaids were Kerry Denholm, Samantha Whitehouse and Lucy Craymer, with the sweetest flower girl Abbie Wilson, Justin's daughter. The one usher was Darius Laws, very efficient too as he seemed to be an assistant Best Man. As well as Demelza's mother, her aunt Wendy Mould had done much to support and advise Mel in planning the marriage. Wendy also read in church some practical marriage advice entitled "The Art of a Good Marriage". Wendy also decorated the church beautifully with flowers. The whole service was a very happy occasion followed by a good time at Brandeston Hall where the dining room was used for a dinner, and the Hollies Room to dance.

The couple have lived for a while now at the Old Police House, Low Road, Brandeston. Danny is a Construction Site Manager in the building trade, and Demelza is a Recruitment Consultant also with the building trade.

They have left for a two week honeymoon in Mexico where we hope they will have the time of their life. We send them our love and good wishes; may God bless you and bring you much happiness now and in the days to come.

GV

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#### **JODIE'S BABY**

We very happily report the birth of **Elsie Bernadette**, a little girl born to **Jodie Kemp and Dan Bryant** on November 7<sup>th</sup> 2011, weighing 9lbs 4½oz. Well done!

Jodie and Dan have lived in Brandeston and several places round about for a number of years, including a year's visit to Australia. They are known, liked and respected for their loyal and faithful work at the Queen, and their interest in the community. They have been associated with the Queen for at least five years. Dan now has a job as a chef in Bishops Stortford, whilst Jodie just enjoys being a mum.

We hope and pray for their happiness in the future as a complete family. May God bless Elsie and the whole family.

GV

# PAST EVENTS

# THE CHURCH BIKE RIDE

I am sorry to be writing about the Bike Ride, which took place in September when we are starting to think about Christmas. It took place on Saturday 10 September. I missed the dead-line for the November Mag.

We were very lucky with the weather; it was a lovely day for cycling.

Marian Hutson and Helen Fletcher sat at the Church and Chapel, before starting out on their bike ride. The Oswald Family enjoyed their day, cycling round the different Churches. Charles Freeman also made a wonderful contribution. Chris McArthur and John Garratt started off early, arriving home about 4p.m.

The amount collected is £874, half of this will go to our own Church and half will go to the Historic Churches Trust. We have now received a grant from the Trust towards Repairs to the Church so all our efforts over the years have been rewarded. I am sure everyone has seen the scaffolding at the Church. The repairs are moving on well. Thanks to everyone who sat at the Church and Chapel, to everyone who cycled, and to everyone who sponsored the cyclists.

\*\*Ruth Garratt\*\*

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# **KETTLEBURGH HAVEST HOP**

A most enjoyable **Harvest Hop** was held in the Hall on Saturday October the 29th. John and Mario once again provided us with their lively music both for just listening to and, for the more energetic, for dancing to. Indeed there were some interesting dancing displays from our enthusiastic audience! (See the Village Hall website) There was a lovely supper for which I would like to thank all the ladies (and Derrick!). An excellent bar, presided over by Patrick and Mandy Garland, made sure that the evening went with a swing.

Anyone who wasn't there missed a treat!

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# THE AUTOJUMBLE 30th October 2011

This event has become increasingly more popular each time bringing in people from far and wide. By midday more than 700 cars had parked on the front field at Church Farm. Again the weather was on our side and it was easy to see how people enjoyed sorting out the rusty (and otherwise) jumble. The money raised goes to support St. Andrews Church and the Woolverstone Wish Appeal.

A VERY BIG THANK you for all the help we had with parking and on the gate – we could not manage without you. DH & JB

So you missed a great event by not coming and helping for an hour or so and supporting a fund-raising for the church and charity. Eighteen Christian Bikers from Scandinavia didn't – they got a flight early Sunday morning, hired cars from Stansted and returned home after spending a few hours at the 'Kettle' and a visit to Andy Tiernan's warehouse to see the bikes and have refreshments.

Help will be required next 29<sup>th</sup> July, to help with the thousand plus people who come through the gate – if the event is to stay in the village.

\*\*Derek & Barbara Holt\*\*





At Andy Tiernan's when the 'Holy Riders' from Norway visited after the Autojumble

# A COSMIC MORNING





It's wonderful to see children's imaginations at work! During half term Cosmic Club hosted an activity morning in Easton Village Hall. The children listened to four bible stories and then did various activities to illustrate them.

Salt dough, baked and painted, gave us 'loaves and fishes' painted paper plates gave pictures of David and Goliath, biscuit decorating was to be on the theme of Jonah and the whale but in the end so much fun was had by making beautifully decorated biscuits and eating them! The crowning glory of the morning was an amazing collage of Joseph and his coat of many colours.

The collage is displayed on the wall of the Cosmic room in the church – do come along and have a look.





We hoped to encourage more children to enjoy the activities of Cosmic Club and we certainly did that. It is hoped to host a similar event in the spring half term in Kettleburgh village hall so the children there can enjoy the experience as well.

Thanks to Emma Gibbon and Jackie Clark for their help on the day and to all the children for their fun and enthusiasm.

\*\*Carol Davis\*\*

Cosmic Club Co-ordinator

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# BRANDESTON REMEMBRANCE SUNDAY November 13th 2011

The Annual Service of Remembrance, attended by the Royal British Legion, was held this year at Brandeston, when the parishes of Brandeston and Kettleburgh were combined. The wreaths of both parishes were laid by the Memorial, together with the names of both parishes war dead being read out by their respective parish representatives, Helen Saxton and David Harris. Brandeston Hall was represented by a boy and a girl; also Bruce Wilson (Head of Boarding) who positioned small crosses before the sounding of the Last Post. The service, on a near perfect sunny November morning, was attended by nearly one hundred people including boys and girls from Brandeston Hall. The preacher at the service was Bob Williams, now retired in Somerset, but known to many people as he was a master at the school for nearly thirty years and for many years Senior Master. We are very grateful for his fascinating, interesting and appropriate sermon; a summary of it I give below.

"What you leave behind is not what is engraved in stone but what is woven into the lives of others." Spoken by Pericles – Athenian Statesman

Bob Williams in his introduction said that this year is the ninety second occasion of holding a national Remembrance Day. It arose out of the ending of the First World War when 750,000 British troops were killed, mostly in the trenches. It was billed as "a war to end all wars" – how untrue. The two minutes silence was seen as a "healing right of passage" as so many families were affected in grief. In 1920 there was the state funeral of the "unknown soldier" which became the symbolic focus of the nation's grief, so many wondered was it my son, husband or father? One and a half million people filed past the coffin before it was buried in Westminster Abbey where the stone can be seen today. A well known journalist Max Hastings said in his recent book "every day of the second world war 27,000 people died - servicemen and civilians!"

Bob went on by challenging "What do you call to mind personally on the two minutes silence? He suggested the great sacrifices at the battles of Gallipoli, Somme, Normandy, fighter pilots and bombers too, as well as the blitz.

Acknowledging the great leaders, Churchill and Cameron.

Bob quoted a verse written by a serving soldier recently in Afghanistan writing in justification for going to arms when all else fails –

It is the soldier -

Not our spiritual leaders who has enshrined our right to worship in our chosen manner

Not the journalist who guarantees us our freedom of speech

Not the student who gives is the right to protest

Not the politician who has ensured our right to vote in a democratic process.

Jesus said, in His Sermon on the Mount, "Blessed are the peacemakers", the 7<sup>th</sup> Beatitude. How do we make it work? In remembrance there must be commitment to undertake such small acts of peacemaking that are within our power. A good example by the R.B.L. who

involved the young people at the Annual Festival of Remembrance, a boy and a girl to offer poppies with a 'thank you', one day things will be in their hands.

Bob gave a few more statistics when he said that only six parishes in all England and Wales had no recorded losses in WWI. We should be proud of Framlingham College who had three V.C's and over 200 names on the War Memorial. Strife did not end in 1945. 3,400 service people have died since then, 44 since this time last year.

Ending he said -

"Today is not only a time to remember, it is also a time to respond with hope and commitment to the future".

#### WE WILL REMEMBER THEM

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#### SHOEBOXES FOR ROMANIA

The final total for shoeboxes sent from Kettleburgh this year was nineteen. Many thanks to all who contributed. You can see what happens to them online at:

www.linkromania.co.uk/shoebox-appeal

JC

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# **KETTLEBURGH GREEN TRUST LOTTERY**

The results of the November draw are as follows:

1st Prize – Susan Thompson 2nd Prize – Jackie and Bill Clark

Trevor Jessop

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# **BRANDESTON 100+ CLUB**

Brandeston 100+ winners are:-

October Draw

First Ian and Jenny Harvey Second Richard Mitson Woods

November Draw

First Maurice Scott

Second Jasmine Piper-Williams

The December draw will take place at the Brandeston Christmas Village Lunch on 20 December 2011.

Mark

Hounsell

#### **NOTICES**

#### APPEAL FOR IPSWICH HOSTEL (01473 433228)

# Woodbridge Road East, just after Keith Road roundabout

West Villa in Ipswich is a Government run hostel for families. Half of the occupants are children. Families may be forced to leave their homes for a wide range of reasons through no fault of their own. Until 'proper' housing is available, some families are 'homed' at West Villa in portacabins for between 3 weeks and 6 months. Many arrive with nothing apart from what they are standing up in, and it can take up to six weeks for financial assistance to be given by the Government. In that time, West Villa operates on charity, otherwise it would close – all of the basics that you can think of are needed; often things we may throw out. The difference between washing or not may be a second-hand towel; cooking a meal for children a second-hand saucepan, having a cup of soup an old mug... used clothing and bedding is also needed. Newish shoes, toys, unwanted toiletries needed. No electrical goods, CDs or DVDs can be taken.

Sylvia & Roger Keene

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# NEWS FROM FRAMLINGHAM MEDICAL PRACTICE

#### New doctor!

I am delighted to tell you that we have a new doctor who will be joining the surgery in the New Year. Dr Mike Barstow is currently a GP in Derbyshire but wishes to move to Suffolk to be closer to family members. Dr Barstow and his wife have two young boys and are looking forward to the move. I am sure you will join us in welcoming Dr Barstow and his family to Framlingham in January.

#### Dr Moffatt

Dr Robbie Moffatt has asked me to pass on his thanks for the good wishes and generosity towards his retirement gift – he is planning to buy something for his boat!

# Medication wastage

Every year a great deal of money is wasted on drugs that are not used. There are a number of ways that you can help to avoid waste:

- Only order repeat prescriptions that you need
- Buy non-prescription medications such as paracetamol or 'calpol' over the counter
- Arrange for regular reviews of your medication your repeat slip will tell you when you need to make an appointment for a medication review.

# **Cervical screening**

In Suffolk, many women aged between 25 and 50 years old are not attending for their routine cervical smears. This quick, easy and painless test is a vital part of process of detecting abnormalities of the cervix and the doctors would encourage EVERY woman to take part in the screening programme. We recognise that many of you may be working and

find it difficult to get to the surgery during opening hours – we have therefore started a late Practice Nurse clinic on a Monday evening to offer appointments. Please phone 01728 723627 if your cervical smear is overdue.

#### Are you a carer?

We are interested in identifying carers, especially those people who may be caring without help or support. A 'Carer' is someone who provides or supervises a substantial amount of care on a regular basis to a child, relative, partner or neighbour who is unable to manage on their own due to illness, disability, frailty, mental distress or impairment.

If you believe you may be a carer, please ask at Reception for a CARERS QUESTIONNAIRE and let us know about your caring responsibilities.

# And finally....Self referral to physiotherapy

The NHS physiotherapy service has changed the way you can get an appointment. You no longer need to visit your GP for a referral. Physiotherapy may be particularly beneficial if you suffer from:

- Low Back Pain
- Neck Pain
- Recent strains and sprains
- Joint Muscular pain

Visit the website for direct contact with a physiotherapist and assessment www.ahpsuffolk.co.uk

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### ST ELIZABETH HOSPICE NEWS

#### DARE YOU DIP ON CHRISTMAS DAY?

Are you brave enough to have an early morning dip on Christmas Day?

On Sunday 25<sup>th</sup> December hundreds of St Elizabeth Hospice supporters will be taking part in the annual Christmas Day Dip in the sea off Felixstowe.

Last year around 200 people took up the challenge to raise money for the Hospice and around 300 dippers are expected this year.

At 10am when the horn sounds everyone will enter the cold sea opposite Manning's Amusements on Sea Road. Mulled wine and minced pies will be served afterwards. The registration fee is £5 per person and participants are asked to raise sponsorship. Participants can opt to pay £10 to register and receive a Christmas Day Dip T shirt. Last year the event raised over £35,000 for St Elizabeth Hospice, an independent charity which costs £6.6 million a year to run to provide services free of charge in Suffolk. Register online at <a href="www.stelizabethhospice.org.uk">www.stelizabethhospice.org.uk</a>. Or for more information contact the fundraising team on 01473 723600 or by email <a href="fundraising@stelizabethhospice.org.uk">fundraising@stelizabethhospice.org.uk</a>. ENDS

#### REMEMBER A LOVED-ONE THIS CHRISTMAS

An event will be held in Framlingham for people wanting to remember a loved one this Christmas.

St Elizabeth Hospice has organised the Light up a Life Event, which is open to everyone - not just those touched by Hospice care - and it includes Christmas carols, music and readings as well as a time for reflection.

It will take place on Sunday 4th December at 4pm at St Michael's Church Local MP Dr Dan Poulter will attend and say a few words, Refreshments will be provided after the service.

This is the second year the Hospice has held a Light up a Life event in Framlingham It is free to attend, no ticket is needed - just turn up on the day.

For more information please contact 01473 723600, email

fundraising@stelizabethhospice.org.uk or visit www.stelizabethhospice.org.uk

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#### THE SUFFOLK FOUNDATION NEWS

# The High Sheriff of Suffolk launches the High Sheriff's Awards for 2012 - the county's leading community awards scheme

The High Sheriff of Suffolk Stephen Miles this week launched the fourth High Sheriff's Awards Scheme and is calling for voluntary groups to submit their entries for the leading annual community awards that reward the people doing inspirational and life-changing work across the county.

"During the last few months I have travelled throughout the County and have come across many extraordinary individuals and groups of all ages who voluntarily devote their time and energy to improve the communities in which they live or work, and make Suffolk a better and safer place to live. The High Sheriff's Awards, run by The Suffolk Foundation, seek to recognise these groups and volunteers and celebrate their work. Please help us to identify these groups and individuals whose unselfish efforts make such a difference and deserve our acknowledgement, as much of the work goes on unnoticed and without recognition." said the High Sheriff.

In 2012, the High Sheriff's Award Scheme will consist of five categories:

Suffolk Volunteer of the Year Suffolk Under 25 Young Volunteer of the Year Suffolk Crimebeat Award Community Group or Organisation of the Year Suffolk Community Partnership of the Year

Nomination forms and further information is available from the <u>Foundation's website</u>. For advice on completing nomination forms for any of these awards, please call Elizabeth on 01473 734125 or email elizabeth@suffolkfoundation.org.uk

The deadline for nominations is Tuesday 31st January 2012.

The winners will be announced at the end of February in time for the annual High Sheriff's Awards Ceremony, taking place on **Thursday 8th March 2012** at the Cathedral in Bury St Edmunds.

If you are involved with a community group in your area, a grant from The Suffolk Foundation could help to support your cause. Applications are currently being invited to each of the funds below. Guidelines are listed on the website, and if you have any questions, please do not hesitate to contact one of our Grants Officers on 01473 734120.

# **High Sheriff's Fund**

The High Sheriff's Grants Fund makes grants of up to £1,500 to support work with young people (aged 8 to 25 years) to improve their communities and lives. Projects must demonstrate citizenship, community safety and crime prevention that tackle issues such as bullying, vandalism and arson, anti-social behaviour, homelessness, internet, personal and road safety, knife crime, drug and alcohol abuse and awareness and community cohesion.

Next deadlines: Tuesday 10th January 2012

#### **Creating the Greenest County Fund**

Grants of up to £25,000 for voluntary and community groups who wish to deliver community based carbon reduction projects that are 'visionary' and forward thinking in line with the Greenest County mission.

# **Transforming Suffolk Community Fund**

This fund awards grants of up to £5,000 for groups to carry out projects that follow one of four themes:

- Safe, Healthy and Inclusive Communities
- Learning and Skills for the Future
- Creating a Prosperous and Vibrant Economy
- The Greenest County.

Next deadlines: Monday 6th February 2012

# Improve & Prove Fund

A grant of up to £5,000 for voluntary and community groups to help towards financial self-sustainability. Grants can be awarded for core costs or project costs to create a situation where there is less reliance on grant funding. Groups must show what percentage of overheads the grant will cover.

Next deadlines: Thursday 10th November & Monday 19th March 2012

#### The Suffolk Fund

This fund is our main grant giving fund, awarding grants of up to £2,000 for charitable, voluntary and community groups in Suffolk that aim to address the priority needs of the county.

Next deadline: Tuesday 10th January 2012

If you know of a local voluntary or community group that may need funding support, please forward this email or ask them to get in touch

# www.suffolkfoundation.org.uk

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#### **HOME START**

Home-Start Suffolk Coastal is a charity which has provided support to families locally for over 11 years. We support families for whom life is an uphill struggle. Families we support must reside is the Suffolk Coastal District, and have at least 1 child under 5 living at home. Over the Past year we have provided support to over 100 families who live in the district, helping out families with twins, triplets, Mental Health problems, medical difficulties, and families who are Isolated to name a few.

Weekly support is provided by volunteers who are parents themselves or have some experience of parenting, and last year our 50 volunteers provided over 15,000 hours of support to families.

Our next two preparation courses for volunteers will start on the 20<sup>th</sup> January 2012, and 4<sup>th</sup> May 2012 and will run Fridays, in Woodbridge for 9 weeks.

If you are interested in joining us, or think your family would benefit from the support of a volunteer please contact Nicola on 01394 389402, or email <a href="mailto:office@homestartcoastal.co.uk">office@homestartcoastal.co.uk</a> for more information.

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# **VILLAGE WEBSITES**

For up-to-date information about your village, visit these websites: www.brandeston.net www.kettleburgh.suffolk.gov.uk

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#### **MAGAZINE ARTICLES**

Please send, deliver or e-mail any contributions for the magazine by 15<sup>th</sup> of each month to:

Mrs Val Butcher, Woodlands, Church Road, Kettleburgh, IP13 7LF

or e-mail <a href="mailto:valerie.butcher@talk21.com">valerie.butcher@talk21.com</a>, tel: 724777.

Please send e-mails in Microsoft Word format (97), PDF or jpg for pictures/scans.

Covers are always welcome too!

# TIMES PAST

Have you heard of Sir George Reresby Sitwell 1860 – 1943?

He was a most eccentric gentleman and was the father of Dame Edith 1887 – 1964, Captain Sir Osbert 1892 – 1969 and Sir Sacheverell 1897 - all of whom were poets and writers. Sir George invented the Sitwell egg which had a yolk of smoked meat, a white of compressed rice and a shell of synthetic lime to make it a nourishing meal for travellers. He also invented a musical toothbrush that played 'Annie Laurie' and a miniature revolver for shooting wasps.

He disliked modern life and preferred to pay in kind rather than money. The use of electricity was banned in his home, guests were allowed two candles each and cold boiled water was served rather than wine.

You may ask what this has to do with us but the answer is that two members of his family lived in Kettleburgh from 1948 to 1963. Lieut – Commander Oswald Reresby Sitwell, R.N. 1898 - and his wife Grace (née McDonald) of Montreal retired to live at Rookery Farmhouse. Afterwards they moved to the Ancient House, Framlingham.

Oswald Sitwell was very interested in local history; he was responsible for much that was discovered about Framlingham. However, one of the most important projects that he and his wife completed was that of providing the kneelers which are used in Bury St Edmunds Cathedral. The Sitwells decided that these should relate to the parishes of the Diocese of Ipswich and St Edmundsbury; each of which should be represented by two named kneelers. When the scheme was completed in 1965 the Sitwells wrote and published a small pamphlet about their work.

At the time in the 1980's that Kettleburgh's kneelers were being made, the Sitwells donated money for one picturing Rookery Farmhouse, which you will still find in St Andrew's Church. The Sitwells are also remembered in Framlingham where their name has been given to Sitwell Gardens, a small development on the right of Station Road as you enter the town.

WMW

Here is a short poem written by Edith Sitwell

When Cold December
Bells of grey crystal
Break on each bough, The swan's breath will mist all
The cold airs now.
Like tall pagodas
Two people go
Trail their long codas
Of talk through the snow.
Lonely are these
And lonely am I ...
The clouds, grey Chinese geese,

Sleek through the sky.

# The Legend of the Poinsettia

Maria and Pablo lived in a tiny village in Mexico. Because Christmastime at their house did not include many gifts, they really looked forward to the Christmas festivities at the village church.

To honour the birth of Christ, the church displayed a beautiful manger that drew crowds of admirers. Villagers brought expensive gifts for the Baby Jesus. But Maria and Pablo had no money to buy gifts for their family or to lay by the manger.

One Christmas Eve, as they walked to the church for that evening's service, wishing desperately that they had a gift to bring, a soft glowing light shone through the darkness, and the shadowy outline of an angel appeared above them.

Maria and Pablo were afraid, but the angel comforted them, instructing them to pick some of the short green weeds that were growing by the road. They should bring the plants to the church, the angel explained, and place them near the manger as their gift. As the angel left, Maria and Pablo remained on the road looking up into the dark sky. Confused but excited, they filled their arms with large bunches of the green weeds and hurried to the church.

When they entered the church, many of the villagers turned to stare. As they began placing the weeds around the manger, they heard laughter. "Why are those children putting weeds by the manger?" the villagers asked each other. Maria and Pablo began to feel embarrassed and ashamed of their gift, but they stood bravely near the manger, placing the plants on the soft hay, as the angel had instructed.

Suddenly, the dull green leaves on the tops of the plants began to turn a beautiful shade of red, surrounding the Baby with beautiful blooms. The laughing villagers became silent as they watched the green plants transform into the lovely star-shaped crimson flowers we call poinsettias. As they watched the weeds bloom before their eyes, Maria and Pablo knew they had no reason to be ashamed anymore. They had given the only gift they could - and it was the most beautiful gift of all.

 $\underline{\underline{Cover:}}$  Thank you to Rebecca de Roeper for the lovely magazine cover picture this month.

VB

Merry Christmas and a Happy New Year

# **CHURCH CLEANING**

<u>Brandeston</u>		<u>Kettleburgh</u>
4 <sup>th</sup>	Christine Matthews and Don Evans	Claire Norman
$11^{\rm th}$	Helen Fletcher and Karren Piper	Liz Marzetti
$18^{th}$	Peter and Trish Smyth	Anne Bater
$25^{th}$	Ruth Garratt and Mary Baker	Pat Peck
1 <sup>st</sup> Jan	Kelly, Megan and Connie Jeffery	Val Butcher

# **CHURCH FLOWERS**

**ADVENT** 

 $25^{th}$ **CHRISTMAS** Anne Bater 1st Jan Anne Bater