

***BRANDESTON AND KETTLEBURGH
PARISH NEWS***

APRIL 2013

THE PARISHES OF BRANDESTON AND KETTLEBURGH

Dear Friends

For everything there is a time and a season, and it seemed to me that this year, no sooner had I drawn breath after the celebrations of Christmas that I found myself moving very quickly toward the very different season of Lent and Easter.

Now I hope that the Easter bunny was able to find all of you ‘chocoholics’ and that you are not suffering too much guilt at the number of centimetres even just one decent sized Easter egg can add to ones waistline!

Unlike Christmas, Easter is a variable date and this year was among the earliest dates it can be. So it’s no wonder that the knock on effect on busy lives is quite considerable, little time to settle into any sort of routine while we wait for lighter evenings and some warm weather. And we will all greet the changing seasons with an equally variable range of emotions; though I’m sure to move out of winter into Spring is a relief for most of us, especially the keen gardeners, and the sight of early flowering aconites, snowdrops and crocus are a joy to behold. Yet all the seasons are part of the rhythm of life – and they each add richness and colour, and give us cause for thought and the opportunity to do things differently.

NOW, for all of you who have been interested in Lilly’s development from puppy to adolescent young dog hear is the requested update. I am so happy to report some small progress in recall training, entirely due to some whistle training from a gun dog expert, for both of us, I learn how to blow and Lilly to respond – though there is still much to be done on both sides of this new, exciting, sometimes frustrating, growing friendship. But as chocolate is extremely toxic for dogs - which meant that she didn’t have an Easter egg or two or three, I will be very happy when she eats enough dog food every day to put some few more centimetres on her ribs, before someone calls the RSPCA and I’m accused of neglect, but apparently this is normal teenage pointer behaviour, only to eat just enough to get by on.

So whatever changes you may find yourself facing as you read this, hold on to what is good and eternal; love, friendship, the support of fellow human beings and our canine ‘buddies’. And, I am reminded of this prayer which is part of the Service of Compline, or Night Prayer, which has been spoken by many through the changing patterns of life, over centuries.

*Be present, O merciful God,
and protect us through the silent hours of this night,
so that we,
who are wearied by the changes and chances of this fleeting world,
may repose upon thy eternal changelessness;
through Jesus Christ our Lord. Amen*

With love, Deirdre

Assistant Priest: Reverend Robin Alderson

01728 688255

Mob. 07790 242002

Brandeston

Elders: Mrs Mary Baker 685807
Miss Eileen Leach MBE 685298

Churchwardens: Miss Eileen Leach MBE 685298
Mrs Alison Molyneux 685244

Kettleburgh

Elders: Mrs Jackie Clark 723623
Mrs Valerie Upson 723078

Churchwardens: Mr John Bater 723532
Mrs Valerie Upson 723078

DIARY FOR APRIL 2013

Thursday 4 th	10.00am	<u>Brandeston Coffee Morning, 100+ Club Draw</u> at Village Hall
Friday 5 th	10am – 12 noon	<u>Coffee Morning</u> at Kettleburgh Village Hall
Friday 12 th	7.30pm	<u>Film Club</u> –“Skyfall”at Brandeston Village Hall – see below.
Tuesday 16 th	7.30pm	<u>Kettleburgh Village Hall AGM</u> All welcome – see below.
Wed. 17 th	7.00pm	<u>Brandeston Annual Parochial Church Meeting</u> at All Saints’ Church
Friday 19 th	7pm for 7.30 prompt start	<u>Kettleburgh Quiz Evening</u> at the Village Hall. Supper, Bar, Tables of 4. £7.50 per person. Please phone Vickie Neilson 723226 to book tickets.
Tuesday 23 rd	7.30pm	<u>St Andrew’s Annual Parochial Church Meeting</u> at Kettleburgh Village Hall – see below
Thursday 25 th	7.30pm	<u>Eastern Angles</u> at Brandeston Village Hall - see below.
Friday 26 th	6.30pm for 7pm start	<u>Whist Drive</u> at Brandeston Village Hall – see below.

BRANDESTON FILM CLUB

12th April – Skyfall starring Daniel Craig, Javier Bardern and Naomie Harris. James Bond's loyalty to M is tested as her past comes back to haunt her bringing MI6 under attack.

10th May – Anna Karenina starring Keira Knightley, Jude Law and Aaron Taylor-Johnson. Set in late 19th century Russia high society, the aristocrat Anna Karenina enters into a life-changing affair with the affluent Count Vronsky.

14th June – Amadeus starring F. Murray Abraham, Tom Hulce and Elizabeth Berridge.

The incredible story of Wolfgang Amadeus Mozart, told in flashback by his peer and secret rival Antonio Salieri – now confined to an insane asylum.

Sue Thurlow

KETTLEBURGH VILLAGE HALL

The Annual General Meeting of the Kettleburgh Village Hall Committee will be held on Tuesday 16 April at 7pm. Everyone welcome to attend.

Vickie Neilson (Secretary)

ST ANDREW'S CHURCH, KETTLEBURGH – ANNUAL CHURCH MEETING

The Annual Church Meeting is to be held in the Village Hall at 7.30pm on Tuesday 23rd April 2013. The first meeting will be the Meeting of Parishioners at which the Churchwardens are to be elected. This will be followed by the Annual Parochial Church Council Meeting to review the work of our Church in 2012 and to elect a new Parochial Church Council for 2013. Following this, the new PCC will meet to consider the work for the year ahead.

All parishioners on the Church's electoral roll are invited to attend. Refreshments will be provided.

If you would like your name to be added to the Church's electoral roll, please contact Valerie Upson 01728 723078



The Long Life & Great Good Fortune of John Clare

Brandeston Village Hall, Thursday 25th April 7.30pm, Phone 01728 685655

Ticket price £8 (£7 for concessions). This play will appeal to audiences aged 12 plus.

The Long Life and Great Good Fortune of John Clare is a ninety minute play, which explores the facts and myths about the life and health of England's most loved 'peasant poet'. "John" is in a secure unit and believes he is John Clare. His psychiatrist, Amita, is swotting up on the history of the poet trying to fathom the reasons behind her patient's delusion. Meanwhile, Amita's partner, writer and literature graduate Rafe, clings to his own version of the Clare legend. In their search for the real story all three characters reveal some startling truths about themselves. In Tony Ramsay's play, a new John Clare emerges, set free from the story of his life.

The play is directed by Ivan Cutting, Eastern Angles' Artistic Director, whose previous shows (as director) for the company include *Margaret Catchpole*, *Round the Twist* and *Up Out o' the Sea*.

Mary Baker

BRANDESTON WHIST DRIVE - FRIDAY, 26TH APRIL, 2013 AT BRANDESTON VILLAGE HALL

The last Whist Drive of the current season will be held in Brandeston Village Hall on Friday, 26th April, 2013. Doors will open at 6.30 p.m. to enable a prompt start to play at 7.00 p.m.

There will be a great selection of good, locally-produced food available together with a choice of fine wines in order to ensure that the evening goes with a swing. The inclusive cost of the evening remains at just £2.50 per person. This is payable at the door.

If you would like to attend, please call Pam or Rick Reade on 685920 to book a place. The increasing popularity of our Whist Drives means that we have now to reserve places on a first-come - first served basis as the number of tables are limited. This advance notice also helps us to plan the number of tables needed and the amount of food and drink required.

Pam and Rick Reade

EARL SOHAM BOWLS CLUB

Established 1789



**OPEN AFTERNOONS ON
SATURDAYS, 20th, 27th APRIL, 4th, 11th & 18th MAY
at 2.30 p.m.**

Please come along and join us for any of the above sessions and give the game of bowls a try. New members are needed in order to secure the future of this long-established Club. If you are an absolute beginner or wishing to return to bowls you will be most welcome.

Free coffee or tea will be served to all visitors.

Spare woods will be available - just be sure to wear flat-soled footwear.

More detailed information, if required, is available from Pam Sykes, Secretary, who can be contacted as follows:

Telephone: 01728 685519 or e-mail: PamRogSykes@aol.com

ADVANCE NOTICES

Sunday 12 th May	Time tbc	<u>Car Boot Sale</u> on Brandeston Village Hall Playing Field. Pitches £7 for cars £10 for vans. If you require anymore information then please contact Lucy Nobbs 01728 684422.
Wednesday 15 th May & Thursday 16 th May		Ipswich Umbrella Trust Collection for the Homeless <u>Door-to-door in Kettleburgh</u> Wed 15 th May <u>Coffee Morning Brandeston</u> Thurs 16 th May
Saturday 8 th June	4 – 6pm	<u>Kettleburgh Fete</u> – see below

Saturday 15 th June		<u>Brandeston Fete</u>
Friday 28 th June	10.30am – 12 noon	<u>A Coffee Morning in aid of Cats' Protection</u> will be held at Manly, Kettleburgh. Guest: Mr Ben Gummer M.P.
Saturday 7 th September		<u>Kettleburgh Village Show at the Village Hall</u> – see below.

KETTLEBURGH FETE: 8 June 4-6pm in The Chequers Garden

Summer is coming and we looking forward to a fine day on Saturday 8 June when once again Kettleburgh holds its Annual Fete. Book the day in your diary now.

The Fete Committee held its first meeting in late February to plan this year's event. Last year there was a shortage of helpers to clear up at the end of the day. Would someone like to volunteer to organise this task – with a team of people it doesn't take long and returns the Chequers garden to its normal function.

Committee Members are Jackie & Bill Clark, Debbie Germain, Dinah Reed, Derrick & Vickie Neilson. They would be delighted to receive any offers of help or suggestions to make the Fete even better.

Bill

Clark

KETTLEBURGH VILLAGE SHOW 2013

Now is the time to make your marmalade, choose your seeds and plan for the year ahead. Surely we will have better growing weather this year! For those of you who are keen photographers the two classes in this section will be entitled:-

The Wonders of Nature and
Playtime

If anyone would be willing to get more involved in the planning and running of the show I'd love to hear from them. We have a very dedicated band of helpers but could always do with a few more. The show is open to all regardless of where they live not just residents of Kettleburgh.

Claire Norman

01728 724372 or auntclaire@btinternet.com

PAST EVENTS

CONCERT AT KETTLEBURGH

On Saturday 2nd March Ipswich Community Wind Band came to Kettleburgh village hall and from the moment they struck up the first few bars of the British Legion March we knew we were in for a treat. With thirty members playing various wind instruments and drums the sound would have filled a venue more than twice the size but somehow that just added to the enjoyment and with a repertoire which included rousing marches and music from the shows there was something for everyone. The band's musical director Mr Tom Rumbold certainly knows how to get the best from his players and his infectious enthusiasm as he jumped up and down while conducting really spurred them on.

Thanks must go to those who provided refreshments during the interval and also draw prizes. It was a great evening's entertainment and raised £190 for St Andrew's Church, part of which will be added to the money already raised towards the £500 which the PCC has pledged to give to Christian Aid's malaria project in Sierra Leone.

SUFFOLK ARCHIVE FILM EVENING

A horribly cold night but 45 people turn out to see 4 old films about Suffolk and East Anglia. A good evening which raised £226 for hall funds. Many thank to those who braved the weather and especially to those who helped with the refreshments and running the film show.

Sue Thurlow

ST ANDREW'S CHURCH, KETTLEBURGH

The Church Wardens would like to thank the team of volunteers who helped to straighten some to the gravestones in our churchyard. It is a much tidier and safer place thanks to your hard work.

Dinah Reed

KETTLEBURGH GREEN TRUST LOTTERY

The results of the March draw are as follows:

1st Prize Trevor Jessop
2nd Prize Richard Carder

Trevor Jessop

BRANDESTON 100+ CLUB

Winners for March 2013 were :-

First prize Richard Mitson-Woods
Second prize Greg Gill

Members are asked to ensure that their applications for 2013-2014 are returned in good time to ensure entry into the first draw of the new “year” which will take place at the village hall on Thursday, 04 April 2013

Mark Hounsell

NOTICES

BRANDESTON COFFEE MORNING

On Thursday March 14th, Janet and myself called in at the Coffee Morning to see Uncle Peter. Having never been before, I must say what a lovely warm welcome we were given and how wonderful to see so many happy and smiling faces.

Please keep up the good work and I hope you go from strength to strength.

Janet & Peter Arbon, Framlingham

GO WITH THE FLOW YOUTH BUS

Go with the Flow Youth Bus in Easton, Tuesdays fortnightly from April 9th

Time: 6.30pm - 8.30pm.

Location: Village Green

Age School Year 6 upwards. (Some over 18's could volunteer to help run the sessions - good for CVs and/or DofE Awards.)

Possible Activities include...Wii, X box, TV/Films, Cooking, Craft, Games...

More details about the bus are available here: <http://gowiththeflow.onesuffolk.net/>

NEWS FROM FRAMLINGHAM MEDICAL PRACTICE

It is with great sadness that we have to announce the death of Dr Darryl Peel.

Dr Peel was badly injured in a bonfire accident at his home on Wednesday 6 February. He was taken by Air Ambulance to the specialist burns unit at Broomfield Hospital in Chelmsford.

Despite the excellent care that he received, unfortunately Dr Peel was not able to recover from his extensive injuries and died on Tuesday 26th February. Dr Peel leaves a wife, Susie and three teenage children.

Dr Peel has been a popular GP at Framlingham surgery since September 2006. Many of his patients will remember him as being a big sports fan but of course his real passion was his

music. Pictures of his favourite bands adorned his consulting room walls and he was an enthusiastic supporter of live music.

Dr Peel will be missed greatly by both staff and patients at the surgery. We have been very grateful for the many messages of sympathy and support which we have passed on to Dr Peel's family.

Patients of Dr Peel will continue to be looked after by the other doctors at the practice.

Our thoughts are with his wife and children at this very sad time.

DISCOVER SUFFOLK IN 52 WAYS OVER 23 DAYS – THE SUFFOLK WALKING FESTIVAL 11 May – 2 June 2013

Ever wanted to weave your way through fields of flax, march through history, search for treasure or ramble through the countryside to the sound of poetry? Well now is your chance! With over 50 guided walks to choose from, The Suffolk Walking Festival is a cornucopia of delightfully themed walks that will take you through gently undulating countryside, around villages and towns awash with some fine architecture and along the wonderful landscape of the Suffolk Coast.

The festival kicks off with the 'Launch Jaunt' at Ickworth House near Bury St Edmunds on 11th May and runs for three weeks until 2nd June.

In the middle of the festival (18 - 22 May) is the Discover Suffolk Challenge Walk, which follows the coast path from Landguard Fort, up to Lowestoft and covers 66 miles in five days. We don't want anyone to feel obliged to do all five days, but there will be prizes and lots of praise for those hardy folk who do!

There is also a charity walk in aid of St Nicholas Hospice Care, which is 14 miles around the lovely landscape of the Lark Valley. Not all of the walks are this long - there is a good range for all abilities and some suitable for children too.

We hope you will join us on some of these walks. For the full programme, please visit the Suffolk Walking Festival website www.discoversuffolk.org.uk or any tourist information centre in the county where you can pick up a brochure and book tickets.

This festival is sponsored by Discover Suffolk and supported by all the local authorities in Suffolk.

ST ELIZABETH HOSPICE'S MIDNIGHT WALK OR RUN – welcoming men and women!

St Elizabeth Hospice's high-profile ladies-only fundraising Midnight Walk is to break new ground by allowing men to take part. The Midnight Walk 2013 will welcome men and also offer a night-time run through Ipswich town centre.

The new-style event – which is the charity’s biggest fundraiser of the year - will be held on **Saturday 18th May 2013** and starts from Ipswich Town Football Club. More than 220 men and women have already signed up but there is still time to register.

There will be two routes to choose from – eight or five miles – a carnival theme, exciting warm-up and a hot chocolate and medal at the end for all participants.

Many people take part in groups as a fitness challenge, in memory of a loved one or just to have fun night out. The Midnight Walk 2013 offers the only opportunity to take part in mass participation run at night around Ipswich.

All participants are asked to raise sponsorship.

The Hospice provides services free of charge to patients and their families in East Suffolk and South East Norfolk and relies on fundraising and donations to meet most of its £8.7m a year running costs.

To sign up visit www.midnightwalkipswich.co.uk.

Midnight Walk 2013 is supported by the East Anglian Daily Times, Ipswich Star and Town 102.

SPRING CLEAN YOUR CLUTTER AND HELP YOUR LOCAL HOSPICE

Are you having a spring clean? Why not donate your unwanted goods to your nearest St Elizabeth Hospice shop in Market Hill, Framlingham.

The Hospice shops will accept items such as: linen, bric-a-brac, secondhand clothes, books and DVDs.

Fiona Browning, Area Manager, said "Spring is the perfect time to clear out your cupboards and de-clutter your house. By donating items that you no longer need to our shops, you can help St Elizabeth Hospice improve lives for people living with a progressive illness in the local community."

If you would like to donate furniture, don't drop it off at a shop, instead please call 0845 259 0319 to arrange collection.

St Elizabeth Hospice is a local charity which provides services free of charge to patients and their families in East Suffolk and South East Norfolk, but relies on fundraising and donations to meet most of its £8.7m a year running costs.

To find your nearest shop please visit www.stelizabethhospice.org.uk

IPSWICH UMBRELLA TRUST

Where has the time gone? It was in March 2012 that the Churches of Brandeston and Kettleburgh initiated the project to collect food for the homeless of Ipswich. The response from both villages was overwhelming and we are planning to make a similar collection in May this year.

The Umbrella Trust has certainly widened its activities in the last year, and it has been interesting to look at the sort of projects they are involved in. They remain dedicated to providing a pathway from crisis and chaos to independence and stability, to create a community in which no-one is penniless, homeless, hungry, isolated or desperately trying to control addictive behaviour.

As you may remember they are based in Black Horse Lane, near the centre of Ipswich and there they provide a Day Centre where expert advice about benefits, accommodation and financial management is available. There is a cafe providing affordable (sometimes free) hot meals, a clothing bank for protection from cold and to encourage self-respect, **food parcels for the hungry and penniless**, showers for a shave and clean-up, laundry facilities and easy access to NHS Outreachhealth care three days a week.

The First Floor Project is a new project, planned to help sustain the recovery of those returning from rehab to control their misuse of substances and alcohol. Funding is in place to establish a programme of worthwhile activities home-making skills, art, drama, gardening and personal fitness tailored to the service users' needs and aspirations.

The Trust has also been involved in 'Assertive Outreach', actively seeking those who may be wary of asking for help. Six months funding in 2012 enabled an Outreach Worker and team of volunteers to go on to the streets of Ipswich and make known the services offered by the Community Resource centre. Because of this Umbrella Trust pilot, good progress has been made in identifying and engaging with entrenched rough sleepers, helping them access services, helping them find accommodation, fostering relations with neighbouring authorities, and developing a protocol for returning UK nationals to their family or previous locality and for non-UK nationals sleeping rough, a return to their country of origin.

The Umbrella Trust is a partner organisation with The Ipswich Homelessness Transition Project and together they make up the Ipswich Locality Homelessness Partnership which was successful in obtaining funding to help entrenched rough sleepers to move from street living to independence.

As you will see, a lot of work is being done and I have highlighted what we hope will be our contribution.....**food parcels for the hungry and penniless**. The requirements are a little different from last year but the method of collection the same.....door-to-door in Kettleburgh and collection at the Coffee Morning in Brandeston. Let's hope you will give as generously as last year!

Reed

Dinah

VILLAGE WEBSITES

For up-to-date information about your village, visit these websites:

MAGAZINE ARTICLES

Please send, deliver or e-mail any contributions for the magazine by 15th of each month to:
Mrs Val Butcher, Woodlands, Church Road, Kettleburgh, IP13 7LF
or e-mail valerie.butcher@talk21.com, tel: 724777.

Please send e-mails in Microsoft Word format (97), PDF or jpg for pictures/scans.
Covers are particularly welcome!

CHURCH CLEANING

Brandeston

7th Ruth Garratt and Mary Baker
14th Kelly Jeffery
21st Marian Hutson and Julia Elson
28th Jane Mitchell and Louise Paget
5th May Christine Matthews and Don Evans

Kettleburgh

Fay Clarke
Claire Norman
Anne Bater
Pat Peck
Val Butcher

CHURCH FLOWERS

7th Eve Crane
14th Marian Kirton
21st Helen Saxton
28th Eve Crane
5th May Nancy Demetriadi

Anne Bater
Jackie Clark
Jackie Clark
Eiluned Davies
Eiluned Davies
